

TOP 5 REASONS TO VISIT GRIFFITH

Looking for a getaway? The food bowl of Australia is in season

Now is the time to visit Griffith in the beautiful Riverina region of New South Wales. It's Spring Fest time, so gardens are open and the city is in bloom. Add to this incredible wineries and fresh produce to sample, plus natural wonders to explore. Plan a long weekend away to see all this inviting city has to offer.

1 SPRING FEST

The Griffith Spring Fest is back in 2022, and this year it's celebrating 25 years of the incredible Real Juice Company Citrus Sculptures. Expect to view about 70 sculptures made from oranges in all shapes and sizes. You can also visit gardens in bloom. Explore the stunning De Bortoli Wines Griffith Garden Festival, offering seven beautiful open gardens, and take part in Griffith Bricks and Pavers garden workshops. The fest runs from 9-23 October. Visit griffithspringfest.com.au.

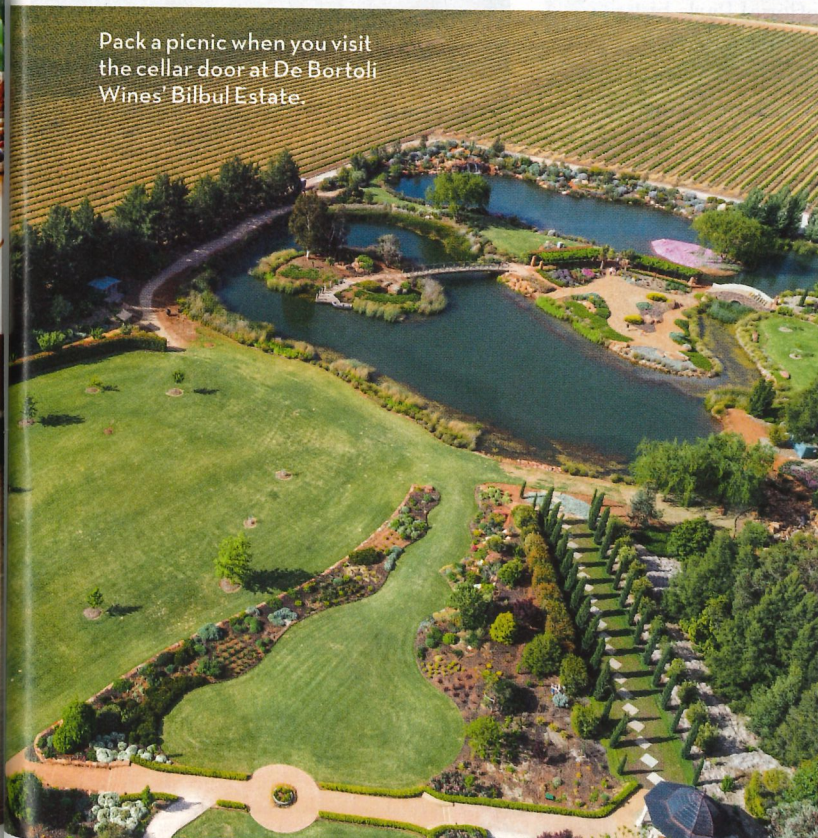
2 WORLD-CLASS WINERIES

The combination of a Mediterranean climate, the Murrumbidgee Irrigation scheme and the rich red soil of the Riverina means Griffith and surrounds have long had a rich wine industry. In fact the first vineyard was established here in 1912. Sample some of the region's best for yourself by visiting De Bortoli Wines, home of the internationally acclaimed Noble One botrytis semillon, as well as Calabria Family Wines and Yarran Wines. At the latter, you can enjoy curated wine experiences while taking

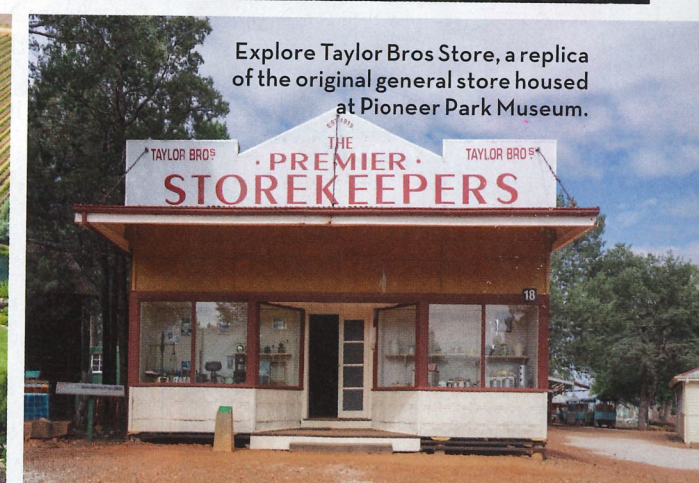
Here's cheers. Enjoy a curated wine experience at Yarran Wines.



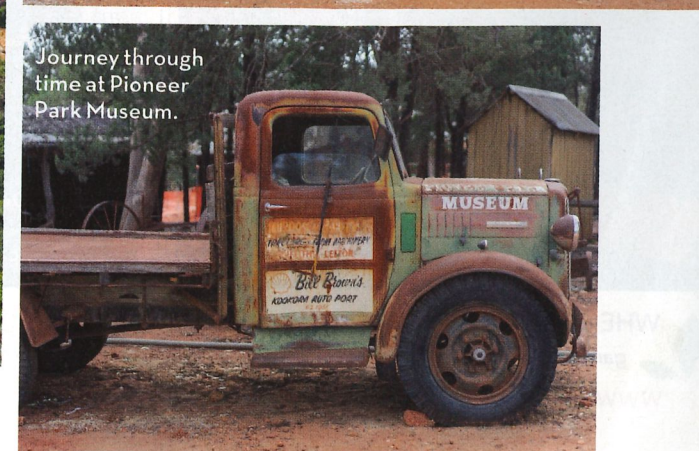
Marvel at the spectacular Citrus Sculptures during the Griffith Spring Fest from 9-23 October.



Pack a picnic when you visit the cellar door at De Bortoli Wines' Bilbul Estate.



Explore Taylor Bros Store, a replica of the original general store housed at Pioneer Park Museum.



Journey through time at Pioneer Park Museum.



Griffith
SPRING
fest
9-23 OCTOBER 2022



in the delightful view of Cocoparra National Park. Visit debortoli.com.au; yarranwines.com.au; calabriawines.com.au.

3 MUSEUMS AND GALLERIES

Learn about Griffith's Italian settlement, winemaking history and irrigation scheme at Pioneer Park Museum. Take a guided tour of historic buildings on the Pioneer Park Express. The Italian Museum on site recognises the contribution of the Italian community to the area's social, cultural and physical development. Art lovers can see the latest exhibitions at Griffith Regional Art Gallery. It's also the permanent home of the National Contemporary Jewellery Collection, the only one of its kind in Australia, and the Couture Collection showcasing acclaimed designers Ross Weymouth and John Claringbold, with more than 200 gowns. Visit griffith.nsw.gov.au.

4 TAKE IN THE VIEW

Scenic Hill offers incredible views to the Binya Hills and Cocoparra National Park, but there's another reason to make the journey - Hermit's Cave. From 1929-1952 it was home to miner



Art Deco in style and once home to the Rural Bank is Zecca, a casual Italian eatery. Enjoy!

Valerio Ricetti, who transformed the rocky escarpment and created dry-stone walls, paths and stone steps that are now heritage listed. In the main cave you can see his paintings of small daisies. Visit griffith.nsw.gov.au.

5 DINING EXPERIENCE

In Griffith, passionate chefs are crafting world-class seasonal menus with local ingredients. There are more than 40 venues such as Zecca, a casual Italian eatery in a beautiful Art Deco building, and Limone Dining, where much of the produce comes from its own farm. The Bull & Bell Steakhouse team, meanwhile, works with farmers, producers and artisan crafters on a menu celebrating regional produce. Visit zeccagriffith.com.au; limone.com.au; bullnbell.com.au.



Tap into an authentic farm-to-table dining experience at Bull & Bell Steakhouse.

GETTING THERE

Griffith is roughly six hours' drive from Sydney and five hours from Melbourne. You can also fly to Griffith Airport. Check with the airlines direct or your travel agent as there are flights from all states, including capital cities. Visit griffith.nsw.gov.au.

Words: Andrea Black

ADVERTISING FEATURE

DESIGNING CHANGE

EVER WONDERED WHY THINGS OFTEN DON'T SEEM CATERED TO WOMEN? IT'S UP TO US TO MAKE THE CHANGES WE WANT TO SEE FOR A MORE EQUAL FUTURE

When you stop to think about life, it's amazing how many everyday things are still designed for a male experience. Want a few examples? Seatbelts are tested on mannequins with flat chests and higher mass. Office air conditioning is generally set for the metabolic rate of a 40-year-old, 70kg man. Military equipment, CPR dummies, power tools, even the top shelves in supermarkets - so much of our world is made, by default or tradition rather than intentional exclusion, to cater for men. And that's just the small stuff. In business, politics, health and many other sectors, we're still largely living in a world that doesn't quite fit us correctly.

Once you're aware of this imbalance, you'll start to notice it everywhere. But this also means things can change for the better. When women have a voice, are aware of biases that exist and feel represented, it goes a long way in starting to fix systemic issues. This year sees the highest proportion of women ever in Australian parliament, showing that the more of us who show up and speak up, the better off we all are.

Businesses also have a responsibility to stand for gender equality, both socially and economically. And there's plenty of room to do so. Take Australia's car insurance industry, which is traditionally a male-dominated category that hasn't taken into account the fact that Australian women are statistically

safer drivers, making fewer claims at a lower cost than men.

Stella Insurance was specifically created to challenge this industry status quo, leading change in a way that's purpose-driven, centres women and demonstrates a practical way of improving things.

Stella's offering puts women's needs and lifestyles at the heart of their policies. Specific examples include additional cover for baby capsules and child safety seats, as well as waiving any excess to an insurance claim for damage arising from domestic violence.

There's plenty of work to be done across the board and across the globe, and Stella's example shows how disrupting the systems we so often take for granted can ensure a more equitable future for everyone. Let's get behind the wheel.



"One of the challenges of building Stella has been making sure that the brand was truly understood as a pro-woman and not an anti-man endeavour. By putting women at the centre of everything we do, we want to help balance the gender equalities that exist for women in insurance, with a broader ambition for a more equitable world beyond just insurance. It won't change the world overnight, but it's certainly a step in the right direction."

Sam White, Founder and CEO

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WHEN GRIFFITH SPRINGS TO LIFE!

gardens - citrus - food - wine - culture

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